

THE WORD FOR LIFE – SERMON NOTES

Authentic Spirituality, #8
How To Live A Balanced Life, Pt. 1 Eph. 4:1-16
By Louie Marsh, 8-10-2008

1) _____ my talk with my walk.

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Ephesians 4:1 (NIV)

4 Ways to do this:

Be completely humble and gentle; be patient, bearing with one another in love. Ephesians 4:2 (NIV)

- _____ the worth of others.
- _____ under Christ's control.
- _____ to strike back at others.
- _____ with others.

2) _____ the Spirit's Unity.

Make every effort to keep the unity of the Spirit through the bond of peace. Ephesians 4:3 (NIV)

Remember:

3) _____ the Triune Unity.

There is one body and one Spirit-- just as you were called to one hope when you were called-- one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all. Ephesians 4:4-6 (NIV)

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4) _____ God's gifts of grace.

But to each one of us grace has been given as Christ apportioned it. This is why it says: "When he ascended on high, he led captives in his train and gave gifts to men." Ephesians 4:7-8 (NIV)

- Grace =
- God gave us

It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, Ephesians 4:11 (NIV)

5) _____ in Purposes & Goals.

to prepare God's people for works of service, so that the body of Christ may be built up Ephesians 4:12 (NIV)

- Their Purpose -
- Their Goals -

until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. Ephesians 4:13 (NIV)

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